Randomized Trials – Parallel Design

CVD & Risk Factors [1-13]

T2D & Risk Factors [14-21]

Arthritis, RA, Osteoarthritis & Fibromyalgia [22-28]

Acceptability of Plant-Based Diets [29-34]

Weight Loss [35-39]

Nutrient Intake [40-44]

Cancer [45, 46]

Randomized Trials - Crossover Design

CVD & Risk Factors [47-50]

Nutrient Intake [51-53]

Renal Disease [54]

Misc [55-58]

Intervention Trials - Single Arm

CVD & Risk Factors [59-71]

Cancer [72-77]

Autoimmune [78-82]

Inflammation [83-85]

Digestion [86, 87]

Nutrient Intake [88]

T2D & Risk Factors [89]

Weight Loss [90, 91]

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