**Randomized Trials – Parallel Design**

CVD & Risk Factors [1-11]

T2D & Risk Factors [12-17]

Rheumatoid Arthritis & Fibromyalgia [18-23]

Acceptability of Plant-Based Diets [24-29]

Weight Loss [30-32]

Nutrient Intake [33-37]

Cancer [38, 39]

**Randomized Trials – Crossover Design**

CVD & Risk Factors [40-43]

Nutrient Intake [44-46]

Renal Disease [47]

Misc [48-51]

**Intervention Trials – Single Arm**

CVD & Risk Factors [52-63]

Cancer [64-69]

Autoimmune [70-74]

Inflammation [75-77]

Digestion [78, 79]

Nutrient Intake [80]

T2D & Risk Factors [81]

Weight Loss [82]


